

**S.T.R.I.D.E. Therapeutic
Recreation Program**

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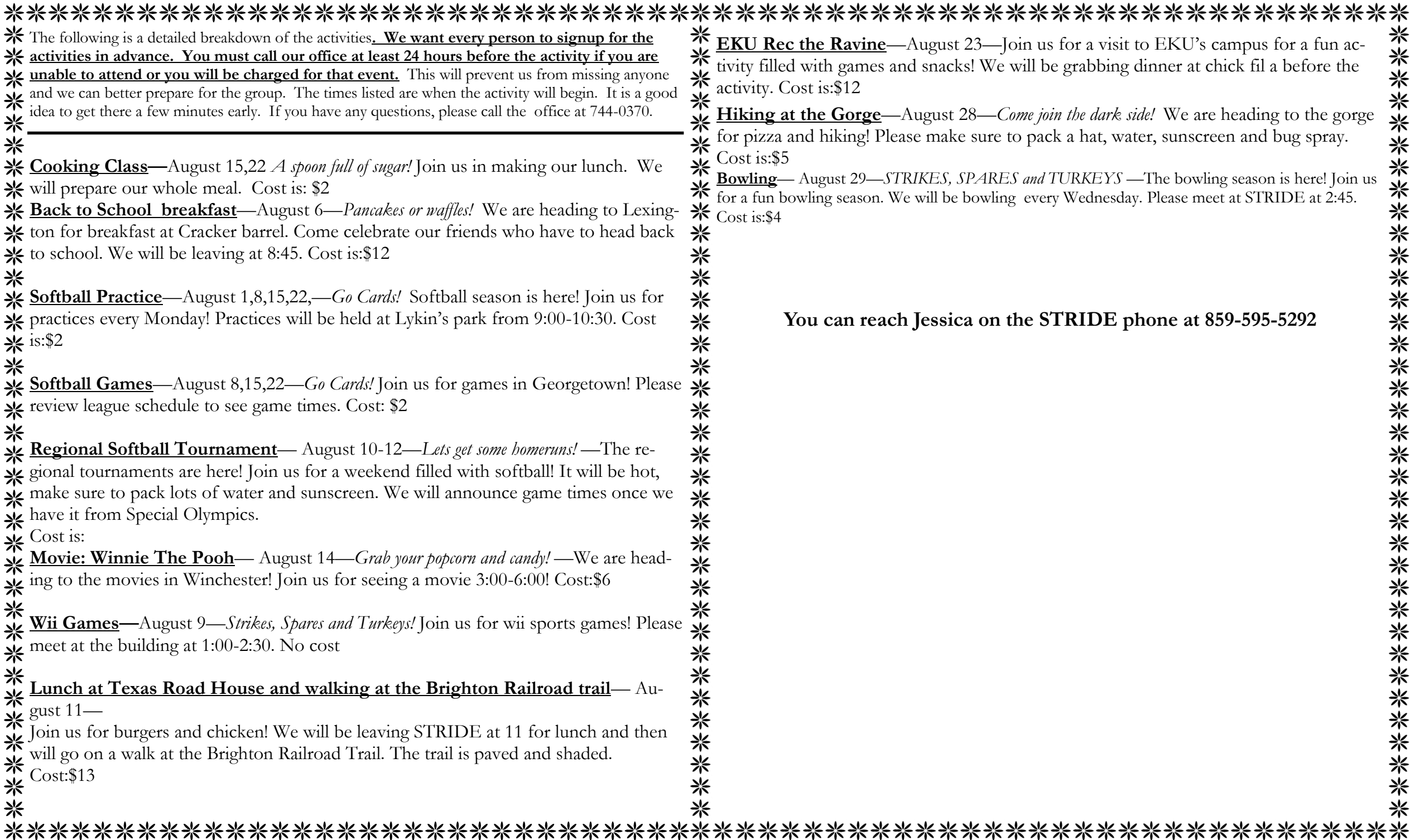
**WHAT DO YOU CALL A DINOSAUR
THAT IS SLEEPING?**



A DINO-SNORE

AUGUST 2018

SUN	MON	TUE	WED	THU	FRI	SAT
			1 (Day Prog. 11-3) Softball Games 5:15-9:00	2 (No Day Prog. 11-3) No Activity	3 (Day Prog. 11-3) Milk Shakes at Steak and Shake 1:15-2:30 	4 No activity
5 No Activity	6 (Day Prog. 11-3) Back to School Break- fast at Cracker Barrel 8:45-11:00 	7 (Day Prog. 11-3) Softball Practice 9:00-11:00	8 (Day Prog. 11-3) Legends Game and Dinner at Mod Pizza 12:00-5:00 Softball Games 5:15-9:00 	9 (Day Prog. 11-3) No Activity	10 (Day Prog. 11-3) SOFTBALL REGIONALS	11 No Activity
12 No Activity	13 (Day Prog. 11-3) No Activity	14 (Day Prog. 11-3) Softball Practice 9:00-11:00 Movie: Winnie the Pooh 3:00-6:00 	15 (Day Prog. 11-3) Cooking Class 11:00-12:30 Softball Games 6:15-9:00	16 (Day Prog. 11-3) No Activity	17 (Day Prog. 11-3) Wii Games 1:00-2:30	18 No Activity
19 No Activity	20 (Day Prog. 11-3) Lunch at Texas Road House and walking at the Brighton Railroad Trail 11:00-3:00 	21 (Day Prog. 11-3) Softball Practice 9:00-11:00	22 (Day Prog. 11-3) Cooking Class 11:00-12:30 Softball Games 5:15-9:00 	23 (Day Prog. 11-3) EKU REC the Ravine and Dinner at Chick- fil-a 3:00-7:00	24 (Day Prog. 11-3) No Activity	25 No Activity
26 No Activity	27 (Day Prog. 11-3) No Activity	28 (Day Prog. 11-3) Hiking at the Gorge and Dinner 3:00-8:00 	29 (Day Prog. 11-3) Bowling 2:45-5:30	30 (Day Prog. 11-3) No Activity	31 (Day Prog. 11-3) No activity	



The following is a detailed breakdown of the activities. **We want every person to sign up for the activities in advance. You must call our office at least 24 hours before the activity if you are unable to attend or you will be charged for that event.** This will prevent us from missing anyone and we can better prepare for the group. The times listed are when the activity will begin. It is a good idea to get there a few minutes early. If you have any questions, please call the office at 744-0370.

Cooking Class—August 15,22 *A spoon full of sugar!* Join us in making our lunch. We will prepare our whole meal. Cost is: \$2

Back to School breakfast—August 6—*Pancakes or waffles!* We are heading to Lexington for breakfast at Cracker barrel. Come celebrate our friends who have to head back to school. We will be leaving at 8:45. Cost is:\$12

Softball Practice—August 1,8,15,22,—*Go Cards!* Softball season is here! Join us for practices every Monday! Practices will be held at Lykin’s park from 9:00-10:30. Cost is:\$2

Softball Games—August 8,15,22—*Go Cards!* Join us for games in Georgetown! Please review league schedule to see game times. Cost: \$2

Regional Softball Tournament— August 10-12—*Lets get some homeruns!* —The regional tournaments are here! Join us for a weekend filled with softball! It will be hot, make sure to pack lots of water and sunscreen. We will announce game times once we have it from Special Olympics.
Cost is:

Movie: Winnie The Pooh— August 14—*Grab your popcorn and candy!* —We are heading to the movies in Winchester! Join us for seeing a movie 3:00-6:00! Cost:\$6

Wii Games—August 9—*Strikes, Sparer and Turkeys!* Join us for wii sports games! Please meet at the building at 1:00-2:30. No cost

Lunch at Texas Road House and walking at the Brighton Railroad trail— August 11—
Join us for burgers and chicken! We will be leaving STRIDE at 11 for lunch and then will go on a walk at the Brighton Railroad Trail. The trail is paved and shaded.
Cost:\$13

EKU Rec the Ravine—August 23—Join us for a visit to EKU’s campus for a fun activity filled with games and snacks! We will be grabbing dinner at chick fil a before the activity. Cost is:\$12

Hiking at the Gorge—August 28—*Come join the dark side!* We are heading to the gorge for pizza and hiking! Please make sure to pack a hat, water, sunscreen and bug spray. Cost is:\$5

Bowling— August 29—*STRIKES, SPARES and TURKEYS* —The bowling season is here! Join us for a fun bowling season. We will be bowling every Wednesday. Please meet at STRIDE at 2:45. Cost is:\$4

You can reach Jessica on the STRIDE phone at 859-595-5292